

ANYWHERE

Conservation Action Bingo

Get the whole family connecting to Nature!
Use the grid to tick off some simple conservation actions
you can do right in your own home and backyard.
So good for wildlife and your wellbeing!

EARTH HOUR RITUAL

Find out more about Earth Hour.
Start your own weekly Earth Hour ritual in your household.

MILKEDI

Watch the trailer or full documentary about the dairy industry. Reflect on what this awareness will mean for your mindful consumption in the future.

SPEKBOOM!

Read this article about the 5 amazing facts about this wonder plant. Find out if you can grow it where you live.

LAST OF THE WILD PLACES

Watch the documentary Into the Okavango to bring your awareness to the value of these last of the wild places.

TAKE A MINDFUL MOMENT

How important is our connection to Nature?
Take a moment to enjoy some Vitamin N (N for Nature) with Cathryn.

BACKYARD NATURE PHOTOGRAPHER

Hone your photography skills in your backyard by taking photos of plants and animals.

NATURE JOURNALLING

Regularly spend a few minutes outside in Nature with a notebook and pen. List at least 3 things you are grateful for.

PONDER YOUR TP

Audit all the paper products in your home, including toilet paper. How many have the FSC logo? Pledge to go FSC all the way from now on.

THE 7 R-WORDS

While putting this puzzle together have a conversation with your household about creating your own 7 R-words pyramid.



VEGAN SOY DILEMMA

Find out where your soy products come from and how they are produced. Do some research to source sustainable and environmentally friendly alternatives.

WE ARE WHAT WE EAT

Check out this TED talk about Regenerative Agriculture. Reflect on how you can support similar local initiatives.

SUSTAINABLE PALM OIL

Work out how many items in your house may contain palm oil. Pledge to look for sustainably-sourced palm oil products from now on.

MEATLESS MONDAY

Organise for at least one meat-free day a week. It does not have to be Monday!
Just eat less meat.



REWILDING

Watch this TED Ed video on Rewilding and its importance as a conservation action. Could you undertake a small rewilding project in your backyard?

COMPOSTING

Find out about Composting initiatives where you live and get involved!

CLEAN COOLING

Find out about Clean Cooling. How can this information help you make sustainable choices for refrigeration and cooling in your life?

STROOP

As difficult as it can be to watch, increase your awareness of what's happening with illegal wildlife poaching and trafficking so you can call it out! Start with Stroop.

WHAT'S A BCorp?

Find out all about BCorp certification. Then make an active choice to support as many of your local BCorps as you can.